**Hemp Fibre Facts**

The outer layer of the hemp stalk is used to make fibre.

**Source: bioriginal**

The oldest artifact in human history is a piece of hemp fabric from 8000 B.C.

**Source: bioriginal**

Christopher Columbus’ fleets used hemp riggings and sails to navigate the ocean.

**Source: bioriginal**

Artists such as Van Gogh, Rembrandt and Gainsborough mainly painted on hemp canvas.

**Source: bioriginal**

The first Levi jeans were made from a hemp fabric known as duck.

**Source: bioriginal**

In 1941, Henry Ford manufactured a car from the resin of stiffened hemp fibre.  The body of the car was constructed to absorb damage from metals 10 times as great as steel, without causing a dent.

**Source: bioriginal**

The fibres of hemp are one of the strongest natural fibers in the world.

**Source: bioriginal**

**Hemp Hurd Facts**

After using the outer portion of the hemp stalk to make fibre, the remaining hemp stalk and stem are used to make small chucks called hemp hurds.

**Source: bioriginal**

Hemp hurds can be used to make paper, fertilizers, animal bedding and when combined with hemp fibres, can make building materials.

**Source: bioriginal**

In 1215, the Magna Carta, the first document limiting the powers of the King of England, was drafted on hemp paper.  Both the Declaration of Independence and the U.S. Constitution was drafted on hemp paper.

**Source: bioriginal**

In 1941, Henry Ford designed a car engine that ran on ethanol made from hemp.

**Source: bioriginal**

**Hemp Seed and Oil Facts**

Hemp is a rich natural source of omega-3, omega-6, protein and fibre.

**Source: bioriginal**

It can be used to fortify dairy products, breads and other foods, and hemp oil can also be used to brew beer.

**Source: bioriginal**

Hemp oils are also included in bath and body products as it supports healthy skin.

**Source: bioriginal**

In the Middle Ages, in countries such as Germany and Italy, hempseeds were boiled in a soup, or used as filling in pies and tortes.

**Source: bioriginal**

Environmental archaeologists discovered hemp was grown in religious medieval hospitals across Scotland, inferring that hemp could have been used as a medicinal crop.

**Source: bioriginal**

In the 1400s, Christopher Columbus always carried a reserve stock of hempseeds on his expeditions in case of a shipwreck, to use as a food source and initiate hemp cultivation.

**Source: bioriginal**

In the 1990s, during mass starvation in Africa, charitable organizations such as the Red Cross used hempseeds to cook porridge for nourishment.

**Source: bioriginal**